Reviewer’s report

Title: Islamic fasting and Multiple Sclerosis

Version: 1 Date: 21 January 2014

Reviewer: Amir Hadi Maghzi

Reviewer’s report:

This is an interesting opinion paper on the effects of Ramadan on MS. I think such topic is important for Muslim MS patients who wish to fast during Ramadan. Only a few studies have looked at this issue, which also have several limitation, e.g. short follow-up or small sample size. Further larger prospective studies are necessary to clarify this issue.

This is a valuable effort by this group of authors, however, in light of lack of enough solid data, the statements in this paper remain expert opinion which on the level of evidence-based practice of medicine remains low.

The authors might also want to discuss this paper which studied Ramadan fasting on MS:
http://web.ebscohost.com/ehost/detail?sid=4872f01f-d59e-485d-b03c-45f2106b4392%40sessionmgr113&vid=1&hid=103&bdata=JnNpdGU9ZWhvc3QtbGl2ZQ%3d%3d#db=a9h&AN=90648243

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Needs some language corrections before being published

Statistical review: No, the manuscript does not need to be seen by a statistician.