Reviewer’s report

Title: The Feasibility, Acceptability, and Effects of an Interprofessional Nurse-Led Mental Health Promotion Intervention for Older Home Care Clients with Depressive Symptoms: A Prospective Study

Version: 2 Date: 5 March 2014

Reviewer: Katherine S McGilton

Reviewer’s report:

The primary purpose of this study was to examine the feasibility and acceptability of a new six-month interprofessional (IP) nurse-led mental health promotion intervention, and to explore its effects on reducing depressive symptoms in older home care clients using personal support services.

This is an excellent paper with well-constructed research questions, appropriate methodology, sound data, clearly identified limitations and well written. Overall this manuscript has great clinical significance and includes an economic evaluation of the intervention which strengthens the manuscript. My suggestions for improvement are few and are minor essential issues:

1) Two direct care provider agencies were used in this study. Are there any differences in the staffing compliment within the two agencies? Were there any differences in patients or staff outcomes related to these two different agencies being used?

2) It would appear that family members were involved in the intervention and yet no outcomes were obtained from them, or their insights on the acceptability of the intervention. Why did the investigators choose not to include their perspectives?

3) This is an IP nurse led mental health promotion intervention and yet I was struck with how few patients were referred on to other types of professionals. Is this really an IP nurse led intervention, or just a nurse led intervention? Also, for the patients who were referred to IP team members, were more benefits realized for them?

Level of interest: An article of outstanding merit and interest in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests