Author's response to reviews

Title: Home based exercise to improve turning and mobility performance among community dwelling older adults: Protocol for a randomised controlled trial

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Author's response to reviews:

Date: December 8, 2013

Editor in Chief
BMC Geriatrics
BioMed Central
236, Gray’s Inn Road,
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Dear Editor in Chief,

Submission of manuscript entitled “Home Based Exercise to Improve Turning And Mobility Performance Among Community Dwelling Older Adults: Protocol For A Randomised Controlled Trial”.

On behalf of my co-authors, I am pleased to submit a protocol paper article entitled “Home based exercise to improve turning and mobility performance among community dwelling older adults: Protocol for a randomised controlled trial” for publication in the BMC Geriatric. In this manuscript, we would like to extend the role of exercise in improving mobility performance focused in turning among community dwelling older adult. Currently, there has been very little research focus on identifying turning impairments in older people at risk of falls, or in evaluating interventions to improve turning performance, despite the importance of turning ability, and involvement of turning in the circumstances of falls, this study will address this important gap in the current literature and this protocol will enhance the role of the exercise intervention in falls prevention programs.

Please note the following:

1. Ethical and Funding Approval Documentation:
This study was internally funded by University Putra Malaysia under a research
scheme provided by the Ministry of Education of Malaysia with grant number (UPM/GP2013-9404500) and has undergone peer review by an expert panel (UPM Research Committee at university level). This study also has received ethical clearance by the Ethic Committee, Universiti Putra Malaysia and Faculty Human Ethic Committee, Faculty of Health Sciences, Curtin University. Copies of all ethical approval and funding approval have been sent via email to BMCSeriesEditorial@biomedcentral.com.

2. Study status:
This is an ongoing study, with data collection having commenced earlier this year.

3. Author contribution and prior publication issues:
I attest to the fact that all authors listed on the title page have directly participated in the planning and execution of this study. All authors of this paper have read and approved the final version submitted and agree to its submission. I confirm that this manuscript and result in this study has not been submitted for publication nor has it been published in whole or in part elsewhere.

Thank you for your consideration of this paper for publication.

Sincerely,

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