Author's response to reviews

**Title:** Home based exercise to improve turning and mobility performance among community dwelling older adults: Protocol for a randomised controlled trial

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**Author's response to reviews:** see over
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Editor in Chief
BMC Geriatrics
BioMed Central
236, Gray’s Inn Road,
London WCIX 8HB
United Kingdom

Dear Editor in Chief,

Submission of manuscript entitled “Home Based Exercise to Improve Turning And Mobility Performance Among Community Dwelling Older Adults: Protocol For A Randomised Controlled Trial”.

On behalf of my co-authors, I am pleased to submit a protocol paper article entitled “Home based exercise to improve turning and mobility performance among community dwelling older adults: Protocol for a randomised controlled trial” for publication in the BMC Geriatric.

2. In this manuscript, we would like to extend the role of exercise in improving mobility performance focused in turning among community dwelling older adult. Currently, there has been very little research focus on identifying turning impairments in older people at risk of falls, or in evaluating interventions to improve turning performance, despite the importance of turning ability, and involvement of turning in the circumstances of falls, this study will address this important gap in the current literature and this protocol will enhance the role of the exercise intervention in falls prevention programs.

3. I attest to the fact that all authors listed on the title page have directly participated in the planning and execution of this study. All authors of this paper have read and approved the final version submitted and agree to its submission. Hereby I confirm that this manuscript has not been submitted for publication nor has it been published in whole or in part elsewhere. In addition, this study was funded by University Putra Malaysia with grant number (UPM/GP2013-9404500).

Thank you for your consideration.

Sincerely,

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