Reviewer's report

Title: A Pilot Randomized Controlled Trial to Improve Geriatric Frailty

Version: 5 Date: 3 May 2012

Reviewer: Marta Castro

Reviewer's report:

1- Major compulsory revisions:
- It is necessary to define: frailty instruments, operationalizations of frailty, frailty status, because it leads to confusion
- to clarify what do you mean with "instruments could generally fit into 3 dimensions (What dimensions???) with 8 factors (what factors???)
- to separate disability of frailty: why are the authors excluding scores of 1,2 or 7 by CCSHA_CFS_TV, because they are too much frail or too little frail? or because they are too disabled?
- Why the authors change 5 kg by 3 kg for smaller body size for East Asian population and why do they not change walking speed and grip strength if these issues are influenced by doby size too?

Level of interest: An article of insufficient interest to warrant publication in a scientific/medical journal

Quality of written English: Needs some language corrections before being published

Statistical review: Yes, but I do not feel adequately qualified to assess the statistics.

Declaration of competing interests:

I declare that I have no competing interests`below.