Reviewer’s report

Title: Development and analysis of acceptance of a nutrition education package among rural older adults population

Version: 2 Date: 14 November 2011

Reviewer: Helen M Rasmussen

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Malaysian food plate manuscript
Helen Rasmussen PhD

The suggested revisions were done and I believe this paper should be published. However, there are a few other concerns that I have that I hope the authors will address:

The data in Background: You describe obesity increasing by five fold from 3.1 to 10.9- this is not five fold.

Under Methods: Development of flipchart, booklet and placemats- The sentence startinw with Guide for Nutrition in Elderly People…needs a period after rural elderly.

Suggested substitution: Page 6: the paragraph “A professional artist was employed to produce illustrations that would assist in...

Page 7: Approximately 45 to 60 minutes, in a specific room to review the educational package

Results

Education Package

Based on the needs assessment exercise in phase 1 that was reported earlier

Page 10

Subjects were nurses........etc etc....and masters degree

Page 12:

Change the 2nd sentence around to: Due to the increasing prevalence of obesity and chronic diseases among Malaysian populations (2, 19, 29), a nutrition education package was developed consisting of a flipchart, two placemats and a booklet. The flipchart was developed as a teaching tool for health professionals involved in the care of older adults, particularly those living in rural areas, with the aim focused on reducing the risk of chronic diseases.

Page 14:
2nd paragraph, first sentence: carbohydrates and protein are NOT major food groups, but cereals and grains (carbs) and meat and dairy (protein) are.

The last sentence in that same paragraph is still wrong, and you should not misquote (ref 18). The fluid recommendations that we used (ref # 18 is my paper) are in the Dietary Reference Intakes, or DRIs. We do not have a Dietary Guideline for Older People that is official.

Reference # 26 the last word in that reference is Hill, not Hil

**Level of interest:** An article of importance in its field

**Quality of written English:** Needs some language corrections before being published

**Statistical review:** No, the manuscript does not need to be seen by a statistician.

**Declaration of competing interests:**

I declare that I have no competing interests