Reviewer's report

Title: Interactive Video Dance in Postmenopausal Women A randomized clinical trial

Version: 1 Date: 22 November 2011

Reviewer: Riitta Luoto

Reviewer's report:

This article describes an interesting possibility to enhance physical activity of early postmenopausal women by utilizing video game possibilities.

Major compulsory revisions

Although being an interesting issue, the article is a lengthy description of a protocol. The authors could abridge largely the potential cognitive effects of videogames- part. Another possibility is to revise and exclude this part and publish it as an independent review article.

The title of the article should be revised to include missing results- this is a description of the protocol which will be performed

Minor essential comment

Dancing is considered as perfectly safe in page 12. The reference of this statement is rather old, from 1998. Perhaps more recent references could be found.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests'