Author's response to reviews

Title: Comparison of hemodynamic and nutritional parameters between older persons practitioner of physical activity nonsmokers and ex-smokers.

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Author's response to reviews: see over
Dear Associate Editor

Thank you for the attention given to our work. The suggested revisions and their respective corrections are highlighted in yellow. Our replies to the suggested revisions are:

1- Subjects that didn’t fit in the inclusions criteria’s were excluded from the study (frequency of 75% in the sessions and presence in all the evaluations), although these elders could keep being part of the group of physical activity, that’s why we don’t have the data of the amount of excluded persons.

2- The paper “Castro PC, Tahara N, Rebelatto JR, Driusso P, Aveiro MC, Oishi J: Influence of the open university for the third age (UATI) and the revitalization program (REV) on quality of life in middle-aged and elderly adults. Rev bras fisioter 2007, 11(6):461-467. ” shows that activities with groups of 20 to 30 elders were beneficial and effective; so this is a low cost alternative to public health intervention.

3- During the sessions of physical activity were present a physical educator and one or two students of physical education (trainees) depending of size group. This information was added in text.

4- The sentence “This study showed that exercise may be more beneficial to HR among those without a history of smoking, while more useful in affected VO2 for former smokers after one year” was added in one of the revisions as a suggestion of a reviewer. The sentence was rewritten how it was suggested.

We take this opportunity to thank you for your valuable cooperation.

Cordially,

THE AUTHORS