Reviewer's report

Title: Behavioral change in a lifestyle intervention for type 2 diabetes prevention in Dutch primary care: opportunities for intervention content.

Version: 2 Date: 15 November 2012

Reviewer: Patrick O'Connor

Reviewer's report:

This manuscript reports impact of a lifestyle intervention on readiness to change, self-efficacy related to several lifestyle factors. I have several specific comments on the manuscript.

The manuscript is much too long, and could be dramatically shortened to about 1000 words and one figure. The take-home messages could be typed once or twice (now they are stated many times). The radical shortening if the manuscript would also improve the accessibility of the central message to readers.

2. Please state what p-values were used in the Tables to assess statistical significance. Please also state why you did (or did not use) a method to adjust for multiple comparisons.

3. Please briefly summarize the results of the main report of the primary outcomes of the larger study, to put the results of this analysis in perspective.

4. Much of the discussion section is quite speculative, and many conjectures are not related directly to the data. Moreover, most of this conjecture is not news. This section can be cut to about 30% of its current length.

Level of interest: An article of limited interest