Reviewer's report

**Title**: Live Well: A Practical and Effective Low-Intensity Dietary Counseling Intervention for Use in Primary Care Patients with Dyslipidemia - a Randomized Controlled Pilot Trial

**Version**: 1 **Date**: 7 February 2013

**Reviewer**: Natalia Loskutova

**Reviewer's report**:

The authors conducted a six-month randomized clinical trial to determine feasibility and effects of a low-intensity dietary counseling on lipid profile and diet. Overall, I have enthusiasm for this work as it attempt to address limitations of dietary counseling in primary care setting. However, several inaccuracies and errors in interpretation of result should be addressed and clarified to strengthen the manuscript. The authors may want to clarify these points:

**Major Compulsory Revisions**:

1. In the discussion section (p15) of the manuscript, the authors claim that the modified diet scores correlated nearly perfectly with the original. I believe more details should be provided in the Methods/Results sections to support this claim.

2. In the Results section (p13) the authors’ statement on the absence of significant changes in triglycerides in either groups contradicts the information provided in Table 2 where statistically significant changes are reported in Group B.

3. Providing data on group comparison on diet, total and LDL-cholesterol changes over time would significantly strengthen the statement regarding significantly better magnitude of changes in Group A vs. Group B (p14), which currently is not supported by the results provided.

4. The Framingham Risk score is included in the analysis and appeared to change modestly but significantly in both groups – do authors believe that a 1-2 point reduction is clinically important? If so, the manuscript would benefit from a discussion on effects of the intervention on risk reduction.

**Minor essential revisions**:

1. The clarity of the manuscript would benefit from proofreading for omitted words, labels and poor sentence structure.

2. The authors may want to consider using different color-coding in Figure 5 so the groups are distinct when printed in grayscale.

**Level of interest**: An article of importance in its field

**Quality of written English**: Needs some language corrections before being
published

**Statistical review:** No, the manuscript does not need to be seen by a statistician.

**Declaration of competing interests:**

I declare that I have no competing interests