Author's response to reviews

Title: Effectiveness of an intervention for prevention and treatment of burnout in primary health care professionals

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Author's response to reviews: see over
Dear editor:

We present the paper entitled “Effectiveness of an intervention for prevention and treatment of burnout in primary health care professionals” for your evaluation for publication in BMC Family Practice.

ClinicalTrials.gov processed this record on June 10, 2013. ClinicalTrials.gov Identifier: NCT01870154.

This manuscript presents a research project that seeks to measure an intervention for prevention and treatment of burnout in primary health care professionals. Due to the deleterious consequences of burnout syndrome for people suffering from it and for the organization where they work, it is necessary to evaluate the effectiveness of certain interventions for its prevention. Organizational measures are important for preventing burnout syndrome, but so is providing professionals with coping strategies, as this group intervention intends to do.

This intervention has been chosen due to its feasibility and reproducibility, because it does not require many resources, and because can be carried out in all health care centers where it may be needed. Since we are dealing with a major problem, we seek a tool that can be used by many professionals in the future.

This research project has been evaluated in a public competitive convocation and has been satisfactorily considered for financing by the same (see attached copy of resolution of Health Research Fund (Fondo de Investigaciones Sanitarias, FIS), ISCIII – Subdirección General de Evaluación y Fomento de la Investigación, Ministry of Science of Spain. This study has been approved by the Clinical Research Ethics Committee of Hospital Doce de Octubre in Madrid. It has been registered under reference code 09/094 (see attached corresponding certificate)
We would like to kindly request that you respond at your earliest convenience and, in the case the article is accepted, please send us the invoice as soon as possible.

I confirm that no other manuscript arising from this work is being considered in any other journals.

We hope this project will be of interest to your readers and, in any case, we thank you very much for your attention.

In the name of the authors, I remain,

Sincerely,

Tomás Gómez Gascón
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