Author's response to reviews

Title: Randomized controlled trial on cardiovascular risk management by practice nurses supported by self-monitoring in primary care

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Author's response to reviews: see over
Dear Dr. Smith,

Thank you for your comments.

With this third version of the manuscript, we also submit a CONSORT checklist in a separate file. With the previous (second) version of the manuscript, we included a separate version with track changes on. This time we also provide a track changes version with all the changes that were made since the first version that was submitted to BMC Family Practice.

With respect to your comments we made the following adjustments (page numbers are from the track changes version):

1: The text ‘All patients received counseling regarding cardiovascular risk from practice nurses trained in motivational interviewing techniques and in the intervention group this counseling was based on self-monitoring results (pedometer, weighing scale and/ or blood pressure device).’ has been added to page 8-9; intervention section of the methods paragraph.

2: Additional information on the representativeness of the practices is added, with information on the proportion of practices where a practice nurse is employed, page 8: ‘General practices could participate if a practice nurse was working in the practice, which is the most current situation in Dutch general practices (2006: 70% of the practices). [17] Practices were located in the northern part of the Netherlands, both at the city of Groningen and in smaller cities/villages.’

3: The correction has been made (track changes version page 16, line 4)

4: Figure 2 has been removed.

5: The conclusion of the abstract has been rephrased as follows: ‘In both groups cardiovascular risk decreased significantly after one year of treatment by practice nurses. No additional effect of basing the pro-active counseling on self-monitoring was found, despite the extra time investment.’

Yours sincerely, on behalf of all authors,

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