Author's response to reviews

Title: A cross-sectional study assessing the self-reported weight loss strategies used by adult Australian general practice patients.

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To the Editor – BMC Family Practice

Please find attached the original manuscript “A cross-sectional study assessing the self reported weight loss strategies used by adult Australian general practice patients” by Yoong et al for consideration as a research article in BMC Family Practice. We confirm that this manuscript or a version of it has not been published elsewhere and is not under consideration for publication by another journal.

We believe that our manuscript is timely and will be of interest to your readers. This paper has significant implications for research and is likely to provide relevant data regarding the management of obesity. Given the increasing prevalence of overweight and obesity worldwide and the lack of known effective strategies, it is appropriate to assess what current weight loss strategies are used by patients in order to better inform weight loss discussions in this setting and to help primary care physicians better manage this condition.

The work embodied in the manuscript is original and was carried out by Miss Sze Lin Yoong, Dr Mariko Carey, Professor Rob Sanson-Fisher and Professor Catherine D’Este. All authors have read and approved this final version of the manuscript. All authors agree that BMC Family Practice is the most appropriate journal for our manuscript. The corresponding author, Miss Sze Lin Yoong had and has full access to all the data in the study and had responsibility to the decision to submit the publication to BMC Family Practice.

We hope this manuscript meets your approval, and look forward to receiving your response at your earliest convenience.

Yours sincerely,

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