Author's response to reviews

Title: Evaluation of Lifestyle Interventions to Treat Elevated Cardiometabolic Risk in Primary Care (E-LITE): A Randomized Controlled Trial

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Version: 3 Date: 29 October 2009

Author's response to reviews:

Dear Editors,

The point-by-point description of the changes is listed as follows:

"Formatting changes to be made:
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Major revisions (we require the author to make these changes)

Reference 13 in press- has this article been published? If so please complete the citation."

1. The article has not been published yet.

"Tables - tables must be created using a Tables tool, and should not be linked files, figures, or generated with tabbed text. Tables must be divided into rows and columns and be oriented in a portrait page layout. Please ensure that text alignment in columns is clear and consistent. We recommend the MS Word auto-format template: simple 1. Please do not include vertical lines in your tables."

2. Table format has been applied to all tables.

"All references must be cited in the text in numerical order, we notice reference 59 is missing."

3. The reference 59 has been added at line 5 of page 23 in discussion section.

"Minor revisions (we can make these changes for you, although it will speed up
publication of your manuscript if you do them while making the major changes above)

Title - please use sentence case in the title, both in the manuscript file and the submission system. Capitalise only the first word and proper nouns, and do not include full stops/periods. For example, `The Title of My Prestigious Publication: A Scientific Study.' should be changed to `The title of my prestigious publication: a scientific study'"

4. Changed as requested.

"Qualifications - Please remove the authors' qualifications (e.g. PhD / MD) from the manuscript and submissions system"

5. Removed as requested.

"Please include the trial registration details in the abstract in the submission system."

6. Done.

"Please move the competing interests to above the authors' contributions"

7. Done.

"Typography- please take this opportunity to check your manuscript for any typographical errors and to make any final corrections or revisions. This is the final proofing stage for your manuscript, and you will not be able to make any changes after acceptance."

Done.

Thank you very much!

Sincerely,

Jun Ma