Author's response to reviews

Title: Profile and predictor of health-related quality of life among hypertensive patients in south western Nigeria

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Version: 4 Date: 3 June 2009

Author's response to reviews: see over
Comment to reviewer's report 1
Title: Profile and predictor of health-related quality of life among hypertensive Patients in south-western Nigeria.
Version: 3 Date: 19 May 2009
Reviewer: Christos Lionis
Reviewer's report:

The revised manuscript has been sufficiently improved and satisfied the majority of my concerns.
Comment: The authors appreciate the submissions of the reviewer.

Some methodological issues still remain and I am suggesting to the authors to report all the study's limitations in the discussion section, including the use of a non validated instrument to measure quality of life.
Comment: The authors have stated the limitations of this study in the discussion section.

The final text needs also a thorough linguistic editing.
Comment: Linguistic editing has been done

Comment to reviewer's report 2
Title: Profile and predictor of health-related quality of life among hypertensive Patients in south-western Nigeria.
Version: 3 Date: 4 May 2009
Reviewer: Per Wändell
Reviewer's report:
General
The authors have considered the criticism and revised the manuscript in a mostly satisfactory way.
Comment: The authors appreciate the report by the reviewer

Remarks (Discretionary Revisions)
Title: the authors write that the sample in the study is not representative for the whole of Nigeria. I still think it is important that it is written where the study is performed, I suggest that the authors add “in south-western Nigeria”. As most studies regarding this item originates from North America or Europe, experience from other regions are of great importance, for different reasons, as patterns of the disease may differ, as well as attitudes and beliefs.
Comment: The authors have accepted to reframe the title including the phrase ‘in south-western Nigeria’.

Important predictors of decreased health-related quality of life (HRQoL) in hypertension: the authors discuss this in the Introduction and in the Discussion. Hypertension, as well as diabetes, without cardiovascular complications gives only a small impact on the HRQoL. The rate of cardiovascular complications is very low, and the duration of the disease is mostly short. This gives an opportunity to evaluate the impact of other factors on the HRQoL. The authors could emphasize this in their discussion.
Comment: The authors have realized the need to conduct a population based study in which an extensive evaluation of the predictors of health-related quality of life in hypertensive individuals will be examined.