Author's response to reviews

Title: Prevalence of cardiovascular health risk behaviors in a remote rural community of Sindhuli district, Nepal.

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Version: 6 Date: 14 July 2014

Author's response to reviews: see over
Dear Tacbobo
Re: Manuscript ID 9704946161285784

Please find attached a revised version of our manuscript “Prevalence of cardiovascular health risk behaviors in a remote rural community of Sindhuli district, Nepal.”, which we would like to resubmit for publication as a *original article* in BMC Cardiovascular Disorders journal.

We are really grateful for the continuous feedbacks from reviewers. Comments were highly insightful and enabled us to greatly improve the quality of our manuscript. Based on reviewer’s suggestion, we have made changes in manuscript.

Revisions in the text are shown using yellow highlight for additions and strikethrough font for deletions.

We hope that the revisions in the manuscript and our accompanying responses will be sufficient to make our manuscript suitable for publication.

We shall look forward to hearing from you at your earliest convenience.

Yours sincerely,

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Responses to the comments of Reviewer #3

#1. Please omit the word “comparatively”.

Response: We would like to thank you for your insightful comments. As you suggested, we have rewritten the sentence as... there is paucity of information about CVD risk factors profile among Nepalese rural communities where the majority of people live in poverty...

#2. Salt intake was estimated as XX mg/day, is it correct ? Please modify (including discussion section)

Response: I think your concern is about the unit written for daily salt intake. Average daily salt intake per person is expressed as XX gm in our manuscript. It is also written (in discussion) as average salt used is XX gram per person per day. Both have same meaning. Incongruity in unit has been removed already. Daily salt consumption can be expressed as amount of sodium intake. In that case, 6g of salt will be approximately equal to 2300 mg sodium. Then, the unit will be mg. It can be expressed in other units as well. But, we chose the gram as unit for average daily salt intake so that it can be compared with WHO recommended value.

#3. As limitation, you should add the following sentence....

Response: We are very much convinced by your suggestion. We have completely modified the sentence as you suggested. The new sentence is like this... Method used for measuring daily salt intake per person could only provide crude estimation could be inaccurate. A more accurate way to determine dietary sodium, such as 24-hour urine collection, is warranted to confirm our findings....

#4. In Table 3, B values of age, salt intake, and BMI indicates to what units ?? 1-year old increase of age ? +1SD of age ? +10 years of age ? Please specify.

Response: Thank you for thoughtful comment. We have added unit on each continuous predictor in table 3. As B is in un-standardized form (until it is clearly mentioned B as standardized value, B should be interpreted as an un-standardized form), it cannot be interpreted in SD.