Reviewer’s report

Title: A systematic review of patient reported factors associated with uptake and completion of cardiovascular lifestyle behaviour change.

Version: 1 Date: 4 October 2012

Reviewer: Chiara Donfrancesco

Reviewer’s report:

The manuscript reported data on a systematic review of quantitative observational studies assessing factors influence associated with uptake and completion of lifestyle behavior change programs.

Description of aims is clear and the used methodology is correct, even if publications included in the analysis are not over 2009.

Discussion is short but clear and conclusions are supported by the data.

Minor essential revision:

1. In the Discussion paragraph, please discuss why no publications over 2009 are included and eventually include this point in limitation paragraph.

2. In Table 1, please explicit RCT in a foot note (RCT- Random Control Trials).

3. In Table 1 it is not clear what does “rest of Europe” and “Middle East” include. Please indicate these more clearly.

Discretionary revision:

4. Discussion about comparison with existing literature and main findings could be extended.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests