Reviewer's report

Title: No one size fits all—the development of a theory-driven intervention to increase in hospital mobility: the "WALK-FOR" study

Version: 0 Date: 27 Sep 2017

Reviewer: John Schnelle

Reviewer's report:

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This paper describes a systematic and highly face valid approach to improving mobility on hospital wards. A convincing case is made that this approach should be used in any hospital that wants to implement a mobility intervention. The paper is also clearly written but there is no data provided about the most important variable which was mobility actually increased among patients in this hospital once the intervention was planned. If this paper is associated with another that describes outcomes than the other paper should be referenced or the fact that mobility measures improved( or not) should at least be summarized in a few paragraphs .

The data that is provided about barriers to implementing mobility interventions is interesting but not sufficient without some indication that the barriers can be resolved. Most importantly, it was frequently mentioned that staff did not have enough time to increase assistance for mobility which is not surprising and worth saying. However, what was done to resolve this barrier or did it prove insurmountable which the reason that no outcome data are provided . I make two Major recommendations for revision of what could be an important paper.

1. Describe specifically how the barriers were addressed and what was the result. For example were more staff added or was their job task revised to permit more mobility assistance for the low staff time barrier.

2. Provide some outcome data about what happened when all the steps of the protocol were implemented. Did people walk more? How often did patients comply with offers of walking assistance
Are the methods appropriate and well described?
If not, please specify what is required in your comments to the authors.

Yes

Does the work include the necessary controls?
If not, please specify which controls are required in your comments to the authors.

Unable to assess

Are the conclusions drawn adequately supported by the data shown?
If not, please explain in your comments to the authors.

No

Are you able to assess any statistics in the manuscript or would you recommend an additional statistical review?
If an additional statistical review is recommended, please specify what aspects require further assessment in your comments to the editors.

Not relevant to this manuscript

Quality of written English
Please indicate the quality of language in the manuscript:

Acceptable

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