

## **Author's response to reviews**

**Title:** Impact of caloric and dietary restriction regimens on markers of health and longevity in humans and animals: A summary of available findings

### **Authors:**

John F Trepanowski ([jftrpnws@memphis.edu](mailto:jftrpnws@memphis.edu))  
Robert E Canale ([rcanale@memphis.edu](mailto:rcanale@memphis.edu))  
Kate E Marshall ([marshll@memphis.edu](mailto:marshll@memphis.edu))  
Mohammad M Kabir ([mkabir@memphis.edu](mailto:mkabir@memphis.edu))  
Richard J Bloomer ([rbloomer@memphis.edu](mailto:rbloomer@memphis.edu))

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All formatting changes have been made.