The Patient

Development and Validation of a Functional Health Literacy Test

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Supplemental Digital Content

This Supplemental Digital Content contains the appendix referred to in the full version of this article, which can be found at http://adisonline.com/thepatient

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Appendix I
The Generic Functional Health Literacy Test (FHLT)
The following passage is selected from a health education material published by the Singapore Health Promotion Board. Please circle only 1 word you consider as the most appropriate from the 3 candidate items.

1. When you receive medicine from your pharmacist or doctor, you must understand fully how to use your medicine before you leave. Listen carefully to the 1(speech / instructions / then) and check against the 2(label / poster / stand) on the medicine container. 3(Wonder/ Ask / Listen) when you do not 4(read/ understand / play) the instructions or when 5(they/ we / yours) are not clear. You 6(need/ should / well) know the following:
   Name 7(thus/ and / or) strength of the medicine,
   8(Aim/ Purpose / Right) of the medicine,
   Directions 9(to / for / and) use,
   Any activity, food and 10(others/ other / which) medicines to be avoided,
   11(How/ Any / An) side effects to look 12(up/ out/ to) for.
2. Be sure you 13(track/ follow / ignore) the instructions. Do not 14(overwhelm/ exceed / reach) the stated dose or 15(mass/ treatment/ illness) period.
3. If you are 16(eating/ prescribed/ stating) antibiotics, make sure you 17(complete/ end / stop) the prescription.
4. Discard expired 18(medicines/ utensils/ drinks) as they may no 19(shorter/ less/ longer) be effective.
5. Please always 20(interact/ check / ask) with your pharmacist before 21(finishing/ taking / learning) any over-the-counter medicines