Order of study breads

**LF Bread→ Control bread**

Randomized  
$n=44$

5 discontinued  
1 abd. symptoms  
3 other AE  
1 reason not known  

$n=39$

1 discontinued  
1 reason not known  

$n=38$

1 discontinued  
1 other AE  

$n=37$

$n=37$  
(84%)

**Control bread→ LF Bread**

Randomized  
$n=43$

2 discontinued  
1 abd. symptoms  
1 lack of compliance  

$n=41$

2 discontinued  
2 lack of compliance  

$n=39$

2 discontinued  
1 lack of compliance  
2 other AE  

$n=36$

$n=36$  
(84%)

Successfully provided and analyzed fecal samples, $n=50$  
(57%)