Figure 1: Examples of days that have at least one CM-DM match and what they would be classified as. The same color represents the same reported mood.

- **FIRST**
  - CM1 relaxed
  - CM2 calm
  - DM relaxed

- **MIDDLE**
  - CM1 excited
  - CM2 neutral
  - CM3 bored
  - CM4 tense
  - DM neutral

- **LAST**
  - CM1 relaxed
  - CM2 upset
  - CM3 happy
  - DM happy

- **ALL**
  - CM1 stressed
  - DM stressed