Modified version of the Gastrointestinal Symptoms Rating Scale (GSRS) according to Svedlund et al. 1988

**Item 6: Borborygmus.** Representing reports of abdominal rumbling. Rate according to intensity, frequency, duration, and impact on social performance.

0 No or transient borborygmus
1 Occasional troublesome borborygmus of short duration
2 Frequent and prolonged episodes which can be mastered by moving without impairing social performance
3 Continuous borborygmus severely interfering with social performance

**Item 7: Abdominal distension.** Representing bloating with abdominal gas. Rate according to intensity, frequency, duration and impact on social performance.

0 No or transient distension
1 Occasional discomfort of short duration
2 Frequent and prolonged episodes which can be mastered by adjusting the clothing
3 Continuous discomfort severely interfering with social performance

**Item 9: Increased flatus:** Representing reports of increased wind. Rate according to intensity, frequency, duration and impact on social performance.

0 No increased flatus
1 Occasional discomfort of short duration
2 Frequent and prolonged episodes interfering with some social performance
3 Frequent episodes seriously interfering with social performance

**Item 10: Decreased passage of stools.** Representing reported reduced defecation. Rate according to frequency. Distinguish from consistency.

0 Once a day
1 Every third day
2 Every fifth day
3 Every seventh day or less frequently
**Item 11: Increased passage of stools.** Representing reported increased defecation. Rate according to frequency. Distinguish from consistency.

0 Once a day  
1 Three times a day  
2 Five times a day  
3 Seven times a day or more frequently

**Item 12: Loose stools.** Representing reported loose stools. Rate according to consistency independent of frequency and feelings of incomplete evacuation.

0 Normal consistency  
1 Somewhat loose  
2 Runny  
3 Watery

**Item 13: Hard stools.** Representing reported hard stools. Rate according to consistency independent of frequency and feelings of incomplete evacuation.

0 Normal consistency  
1 Somewhat hard  
2 Hard  
3 Hard and fragmented, sometimes in combination with diarrhea

**Item 14.: Urgent need for defecation.** Representing reports of urgent need for defecation, feelings of incomplete control, and inability to control defecation. Rate according to intensity, frequency, duration and impact on social performance.

0 Normal control  
1 Occasional feelings of urgent need for defecation  
2 Frequent feelings of urgent need for defecation with sudden need for a toilet interfering with social performance  
3 Inability to control defecation
Item 15: Feeling of incomplete evacuation. Representing reports of defecation with straining and a feeling of incomplete evacuation of stools. Rate according to intensity and frequency.

0 Feeling of complete evacuation without straining
1 Defecation somewhat difficult; occasional feelings of incomplete evacuation
2 Defecation definitely difficult; often feelings of incomplete evacuation
3 Defecation extremely difficult; regular feelings of incomplete evacuation