Real patients and carers like you have helped to design this study

We are running a research study called EQUIP. Our study team includes real patients and carers, as well as researchers.

We hope you will consider taking part in the EQUIP study.

To find out more about the EQUIP study:
Telephone: 0161 306 7863
Email: equip@manchester.ac.uk

Outstanding Carer Involvement Award winning study

Professor Karina Lovell, EQUIP study lead, and Lindsey Cree, a carer and member of the study team, received the award from the Mental Health Research Network on behalf of the EQUIP study team.

"I used to think research was just for academics, but since I’ve been involved in EQUIP I’ve realised how much my opinions matter and are taken on board."

Lindsey, Carer

"We have worked closely with patients and carers and are delighted that this has been recognised.

Professor Karina Lovell

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This leaflet is a collaboration between the National Institute for Health Research Programme Grants for Applied Research (RP-PG-1210-12007) and Doctoral Research Fellowship (NIHRDF-2012-05-1128)."
What do real patients and carers say about the EQUIP study?

As a patient, I think this study is very important because patients need to have more of a voice and involvement in the decisions about their own future well-being.  

Donna, Patient

As a carer, I feel I am making a difference towards change in mental health care. If we don’t get involved in research, other people will be making decisions that can affect the future of people we care about. By taking part, I am making a difference to the future and there is no better feeling than that.

Lindsey, Carer

Real patients and carers say that by taking part in this study, you can help make a difference

Important things that we think you should remember:

- If you decide to take part in this study, you will be helping other patients in the future.
- The study appointments will be arranged at a time to suit you.
- You can pull out of the study at any time if you no longer want to take part, without giving a reason.
- EQUIP has been approved by an independent research ethics committee, to make sure patients taking part in it will not be harmed.
- We are asking you to consider taking part in this study because your care team think that you may be interested in taking part.