Recruitment into Site 1 (GP/Self)

Referrals Screened and given an appointment by the service to see a PWP for service assessment as standard practice

Patient seen by one of the four PWPs involved in the research and assessed according to standard practice

If patient has depression and considered suitable for behavioural activation then following the assessment they are offered a study information pack.

Patient is offered treatment as usual

PWP contacts patient to make a standard appointment for first treatment session (this will not result in a delay to their first standard treatment session)

Potential participant returns consent form OR contacts researcher for more information and to have questions answered. If then willing to participate verbal consent is taken, and is requested to send hard consent form (if consent not already received)

Initial telephone screening undertaken by researcher

Eligible and asked for written consent if not already received

Ineligible

CIS-R diagnosis undertaken by researcher

Eligible

Ineligible

Baseline measures collected by researcher

PenCTU allocates unique number with randomisation code using online system

PenCTU online system automatically contacts the PWPs in the relevant study arm (BAcPAc v BAc) with patient’s unique number

PWP in appropriate study arm contacts participant to make an appointment for first treatment session (this will not result in a delay to the first treatment session).

GP sent letter to indicate study involvement