### A

- **Cholesterol (µM)/1x10⁶ cells**
  - CONT HIT
  - *(n=8) (n=9)*

### B

- **CD69 expression on CD8⁺ T cells [%]**
  - before exercise
  - after exercise
  - 1h after exercise
  - 24h after exercise
  - *(n=9) (n=8)*

*Legend*
- * before exercise
- ** before exercise
- ● before exercise
- ○ before exercise
- ● before exercise
- ○ before exercise
- ● before exercise
- ○ before exercise

*Statistical Notations*
- *: p < 0.05
- **: p < 0.01