Assessed for eligibility (n=238)

Excluded (n=75)
- Declined to participate or no response received after initial invitations to take part in the study were sent (n=75)

Randomized by district (n=163)

Allocation

Allocated to control group (n=86)
- Received allocated intervention (n=75)
- Did not receive allocated intervention (after agreeing to take part in the study they did not attend the initial training day) (n=11)

Allocated to intervention (n=77)
- Received allocated intervention (n=72)
- Did not receive allocated intervention (after agreeing to take part in the study they did not attend the initial training day) (n=5)

Follow-Up

Lost to follow-up (did not attend follow up training workshop or dropped out of the study half way through) (n=9)

Lost to follow-up (did not attend follow up training workshop or dropped out of the study half way through) (n=9)

Analysis

Analysed (n=66)

Analysed (n=63)