Motivational Interviewing Coding Sheet for Practice Sessions

Interviewer__________________________________________________

Client _____________________________________________________

Observer/Coder(s)_________________________________________

<table>
<thead>
<tr>
<th>MI Consistent</th>
<th>Open Qs</th>
<th>Affirmations</th>
<th>Reflections</th>
<th>Summaries</th>
</tr>
</thead>
<tbody>
<tr>
<td>Write examples and count the number given during conversation.</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>MI Inconsistent</th>
<th>Closed ?s</th>
<th>Judgmental</th>
<th>Confrontational</th>
<th>Authoritarian</th>
<th>Lectures/ gives unsolicited advice</th>
</tr>
</thead>
</table>

Sum Open Questions________  Sum Affirmations________
Sum Closed Questions________ Sum Reflections________
Sum Summarizations________

TARGETS:
80 % of questions asked should be open questions.
Aim for 4 open questions to every closed question.
Aim for 2-3 reflections for every question regardless of whether it is closed or open.

COMMENTS: