## Debrief checklist

### Specific Assessments

#### 1. Familiarisation with attachments
- [ ] Identified the four patient attachments prior to commencing mobilisation
- [ ] Prepared attachments for mobilisation (e.g. rolled TED’s up, untangled IV line/NS, moved IVT in direction of transfer)
- [ ] Managed attachments safely and appropriately throughout session

#### 2. Planning of mobilisation task

**Assessment of patient capacity to complete transfer**
- [ ] Checked patient pain control is adequate
- [ ] Checked strength
  - [ ] legs
  - [ ] arms
  - [ ] trunk
**Set up of physical environment for safe transfer**
- [ ] Suitable bed height
- [ ] Bed brakes on
- [ ] TED’s rolled up or non-slip socks/footwear on
- [ ] Walking frame ready and adjusted

**Communication with patient and assistant**
- [ ] Assistant briefed and ready for mobilisation
- [ ] Patient informed and consented to mobilisation task

#### 3. Actual mobilisation task

**Safe and effective mobilisation**
- [ ] Positioned self, and assistant/s close enough to be able to support patient if they lose balance
- [ ] Clear instructions to patient and assistant
- [ ] Protected patients IV line, catheter, nasal specs whilst transferring and ambulating
- [ ] Completed mobility task:  
  - [ ] SOEB
  - [ ] SOOB in chair
  - [ ] Ambulation

#### 4. Reflection of performance
- [ ] Able to identify what was done well
- [ ] Able to identify areas for improvement
- [ ] Strategies discussed for subsequent task/s where relevant
- [ ] Peer review completed

**Overall feedback**: Consider both professional behaviour and safety as either satisfactory or unsatisfactory, when the full performance of task has been considered

**Professional behaviour** (e.g. appearance, introduction to patient)
- [ ] satisfactory / [ ] unsatisfactory

**Safety**
- [ ] satisfactory / [ ] unsatisfactory

---

### Learning objectives

1. **Demonstrate familiarisation** with the patient attachments of IVT, Nasal specs, IDC, TED’s
2. **Demonstrate the ability to planning** the necessary procedures to enable the safe and effective transfer / mobilisation task (SOOB-stand-walking) Including:
   - Preparation of physical environment and assessment of patient for safe transfer
   - Communication to reassure patient and explanation planned mobility task
   - Communication to assistant/s to ensure safe and effective mobility task
   - Management of patient attachments safely throughout entire mobility task
3. **Demonstrate safe and effective mobilisation of patient WBAT** Practice of procedures involved with assisting patient transfer / mobilisation task (SOOB-stand-walking)
4. **Be able to reflect** on performance during execution of the procedures (self-reflection and peer assessment)