### Supplementary Table 2: GRADE Summary of Findings for Primary Outcomes

<table>
<thead>
<tr>
<th>Outcome</th>
<th>№ of participants (studies)</th>
<th>Anticipated absolute effects (95% CI)</th>
<th>Difference</th>
<th>Quality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-Efficacy assessed with self-assessment</td>
<td>№ of participants: 142 (2 RCTs) № of participants: 380 (6 observational studies)</td>
<td>The mean self-efficacy in the intervention group was 0.57 standard deviations more (0.40 more to 0.75 more)</td>
<td>SMD 0.57 more (0.40 more to 0.75 more)</td>
<td>3</td>
</tr>
<tr>
<td>Knowledge assessed with: knowledge test score</td>
<td>№ of participants: 214 (2 RCTs) № of participants: 76 (2 observational studies)</td>
<td>The mean knowledge in the intervention group was 0.76 standard deviations higher (0.40 higher to 1.12 higher)</td>
<td>SMD 0.76 higher (0.40 higher to 1.12 higher)</td>
<td>2</td>
</tr>
<tr>
<td>Communication skills assessed with standardized patient interaction checklist score</td>
<td>№ of participants: 138 (3 RCTs) № of participants: 452 (5 observational studies)</td>
<td>The mean communication score in the intervention group was 0.69 standard deviations higher (0.41 higher to 0.96 higher)</td>
<td>SMD 0.69 higher (0.41 higher to 0.96 higher)</td>
<td>2</td>
</tr>
</tbody>
</table>

**CI:** Confidence interval

**GRADE Working Group grades of evidence**
- **High quality:** We are very confident that the true effect lies close to that of the estimate of the effect
- **Moderate quality:** We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different
- **Low quality:** Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect
- **Very low quality:** We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect

**Justification for grading**
1. One of the studies broke randomization
2. One of the two studies show no statistically significant effect
3. Low sample size
4. Individual studies scored poorly on risk of bias assessment
5. Improvements seen in longitudinal before-after studies may be due to intrinsic maturation effects
6. One study showed potential conflict of interest with commercial interest in the studied communication tool