MAmMOTH Acceptability study Theoretical Framework

1.0 Presenting Issues and Pain Management
   1.1 Nature of the pain experienced
      1.1.1 Musculoskeletal
      1.1.2 Other health conditions
   1.2 Pain management strategies
      1.2.1 Chronic pain
      1.2.2 Discomfort
      1.2.3 Minimisation
   1.3 Help received prior to MAmMOTH
      1.3.1 Medical interventions
      1.3.2 Physical interventions
      1.3.3 Psychological interventions

2.0 Expectations & Reflections
   2.1 Trial perceptions and motivation to participate
      2.1.1 An alternative approach
      2.1.2 Altruism
      2.1.3 Pain relief
   2.2 Initial expectations of intervention by phone
      2.2.1 Low expectations
      2.2.2 Open-minded
      2.2.3 High expectations
   2.3 Post intervention reflections
      2.3.1 On treatment modality (phone)
      2.3.2 On the therapists
      2.3.3 On the manual

3.0 Intervention Impact & Acceptability
   3.1 Perceived impact: Post intervention changes
      3.1.1 Positive change recorded
      3.1.2 Impact on daily life
      3.1.3 No change recorded
   3.2 Acceptability: What works
      3.2.1 Key elements of intervention success
      3.2.2 Acceptability: recommendation to others
      3.2.3 Sustaining changes over time