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<th>Study or Subgroup</th>
<th>Experimental</th>
<th>Control</th>
<th>Std. Mean Difference</th>
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<td>Mean</td>
<td>SD</td>
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<td>10.2.1 2weeks</td>
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<td>Gammna 2017</td>
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<td>Martinneau 2011</td>
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<tr>
<td><strong>Subtotal (95% CI)</strong></td>
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<td>264</td>
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<tr>
<td>Heterogeneity: Tau² = 0.09; Chi² = 5.28, df = 1 (P = 0.02); I² = 81%</td>
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<td>10.2.2 4weeks</td>
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<td>Tukvadze 2015</td>
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<td>Test for subgroup differences: Chi² = 5.58, df = 4 (P = 0.23), I² = 28.3%</td>
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