APPENDIX 1

Physical activity + risk factor(s) and incidence and mortality of non-communicable diseases

Data extraction form

Name of reviewer:

Date of extraction:

Section 1

Name of paper:

Year of paper:

Section 2

Inclusion (Write yes if conforms to all criteria above)

Confirm eligibility:

Comments:

Section 3 study methods

Type of study:

Total study duration:

Method used to cluster/group lifestyle behaviours:

Section 4 participants

Number:

Setting (community/hospital/both):

Outcome:

Mean Age:

Gender breakdown:
Country:

Section 5 interventions

**Intervention 1**

Title of intervention:

Details of intervention:

Follow-up linked to medical records (y/n):

Years of follow-up:

Comments:

Section 6 outcomes

For each outcome of interest

**Outcome Title 1: All-cause Mortality**

Length of follow up:

Time point collected:

Time point reported:

Outcome definition:

**Outcome Title 2: NCD**

Length of follow up:

Time point collected:

Time point reported:

Outcome definition:
Section 7 results

**Outcome Title 1: All-cause Mortality**

Comments

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**Outcome Title 2: NCD's**

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Section 8

**Funding source:**

**Key conclusions of authors:**

**Other comments:**

**What do we need to ask the authors?:**

**Also need to add in**

Statistical methods (adjustment for baseline values, dilution regression applied, handling of missing data?)

Quality of exposure measures (reported validity, face validity?)

Quality of outcome measures

Type of exposure measure (continuous, binary)