“ECT – LET’S TALK ABOUT IT” PROJECT

Pseudonym

Project Code

Date of Interview

Interviewer

Instruction Location

Instructions:
• Ask all questions, unless otherwise stated.
• Prompts and probes are in italic under the questions. Use these to explore answers in more detail.
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<tr>
<td><strong>PARTICIPANT CHARACTERISTICS</strong></td>
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<td><strong>1.1) Are you?</strong></td>
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<tr>
<td>Male ........................................1</td>
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<tr>
<td>Female .....................................2</td>
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<tr>
<td>Transgender .............................3</td>
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<td><strong>1.2) How old are you?</strong></td>
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<tr>
<td>years</td>
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<td><strong>1.3) When did you first have ECT?</strong></td>
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<td><strong>1.4) What was the treatment for?</strong></td>
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<td>(Prompt for depression, bipolar, etc.)</td>
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<td><strong>1.5) Which hospital was it at?</strong></td>
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<td><strong>1.6) How many individual ECT treatments did you have in your first course?</strong></td>
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<td><strong>1.7) Have you had another course of ECT treatments since your first course?</strong></td>
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<tr>
<td>No .................................0</td>
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<tr>
<td>Yes .................................1</td>
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<tr>
<td><strong>1.3) When was your last course of ECT?</strong></td>
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EXPERIENCE OF ECT

Now we want to ask you some questions about your experience with ECT. It’s important we get as much detail as possible. So, we may ask you to clarify things. Remember if you feel uncomfortable with a question and do not wish to answer, you don’t have to answer.

2.1) Please tell me about your first experience with ECT?

**Prior**
- Previous other treatments
- Knowledge of ECT
- Discussion (health workers, family, friends, consumers, etc)
- Your response to suggestion of ECT
- Response of family and friends
- Information provided/available (verbal discussion, written info, websites, videos)
- Consent (voluntary, involuntary, who was involved)

**During ECT**
- Expectation
- Interaction with other patients
- Experience with ECT sessions
- Effects of treatments (good, bad, memory problems, muscle pain)

**After ECT completed**
- Follow up after discharge (other treatments, health workers, etc)
- Effects of ECT (good, bad, side effects, lasting effects, etc)
- Recommend additional ECT
2.2) Please describe your additional ECT courses.
   Why additional?
   Time between
   How often?
   How did the process compare with the first time?
   What was involved in deciding?
   How did the effects compare to the first time?
   Do you have ongoing ECT? (maintenance)

2.3 Is there anything you would change about your previous experiences with ECT?
   Information available
   Consent process
   Support from health workers
   Support from family/friends
   Support from other consumers/peers
   Describe what types of support
Now I would like to ask you about some specific areas that might have been part of the decision making process to have ECT.

3.1 Can you tell me about how you or your treating team came to the decision about having ECT?
   - Important considerations
   - Voluntary/involuntary
   - People who influenced the decision
   - Influence you had on the decision
   - Impact on you

3.2 Can you tell me about the information and education that you considered when you made your decision about ECT?
   - Healthcare workers
   - Resources (printed, internet, videos)
   - Family, friends, carers
   - Information in community
   - Information in media
   - Availability
   - Barriers
   - Improvement
3.2 What information, education or supports that you considered were most helpful in your decision about ECT?

Types that were helpful/not helpful
Testimonials
Procedures
Rights
What made a good resource?

3.3 Could you tell me who gave you support or encouragement with the decision to go through with ECT?

Health care workers
Family
Friends
Support provided by other ECT patients
Consumer/peer workers
Consumer/peer workers for ECT
Would any of these be useful?
How could these types of support be improved?
FINAL QUESTIONS

Now we have just a couple more questions to finish up.

4.1 From what we have talked about, can you tell me your thoughts on what are the most important areas for improving delivery of ECT for other consumers?
   Information
   Support
   Consent
   Health care workers
   Community

4.2 Is there anything we haven’t covered that you think is important with regards to ECT?

Thank you for your time.

(If they have given consent to be contacted about the focus groups)
We will be conducting the focus groups later in the year. These will involve discussion of new educational resources and/or consumer support programs. We will contact you to see if you would like to participate.