Survey 'Local follow-up practice'

Local follow-up practice - Hospital

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<thead>
<tr>
<th>Number</th>
<th>Question</th>
<th>Answers</th>
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<tbody>
<tr>
<td>1.1</td>
<td>In which hospital do you work?</td>
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Local follow-up practice – General

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<tr>
<th>Number</th>
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<tbody>
<tr>
<td>2.1</td>
<td>Who is primarily responsible for follow-up of patients with non-metastasized disease?</td>
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<tr>
<td></td>
<td>o Surgeon</td>
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<tr>
<td></td>
<td>o Gastroenterologist</td>
<td></td>
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<tr>
<td></td>
<td>o Resident</td>
<td></td>
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<td></td>
<td>o Nurse practitioner</td>
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<td></td>
<td>o General practitioner</td>
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<tr>
<td></td>
<td>o Combination of above</td>
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</tr>
<tr>
<td></td>
<td>o Otherwise</td>
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</table>
2.2 If 'Who is primarily responsible for follow-up of patients with non-metastasized disease?' is equal to 'Otherwise' answer this question: Explain.

2.3 If 'Who is primarily responsible for follow-up of patients with non-metastasized disease?' is equal to 'Combination of above' answer this question: Which combination?
- Surgeon and resident
- Surgeon and nurse practitioner
- Gastroenterologist and resident
- Gastroenterologist and nurse practitioner
- General practitioner and medical specialist
- Other combination

2.3.1 If 'Which combination?' is equal to 'Other combination' answer this question: Explain.

2.4 What is the interval (months) of outpatient clinic visits during the first year?
- 3
- 6
- 12

2.5 What is the interval (months) of outpatient clinic visits during the second year?
- 3
- 6
- 12

2.6 What is the interval (months) of outpatient clinic visits during the third year?
- 3
- 6
- 12

2.7 What is the interval (months) of outpatient clinic visits during the fourth year?
- 3
- 6
- 12

2.8 What is the interval (months) of outpatient clinic visits during the fifth year?
- 3
- 6
- 12

2.9 Do you perform standard physical examination during follow-up of patient with non-metastasized disease?
- No (only if indicated)
- Yes
2.1 If ‘Do you perform standard physical examination during follow-up of patient with non-metastasized disease?’ is equal to ‘Yes’ answer this question:

Specify what type of physical examination is performed in patients with rectal cancer.
- Abdominal examination
- Rectal examination
- Vaginal examination (in women)
- Otherwise

2.1.1 If ‘Specify what type of physical examination is performed in patients with rectal cancer.’ is equal to ‘Otherwise’ answer this question:

Explain.

2.10 If ‘Do you perform standard physical examination during follow-up of patient with non-metastasized disease?’ is equal to ‘Yes’ answer this question:

Specify what type of physical examination is performed in patients with colon cancer.
- Abdominal examination
- Rectal examination
- Vaginal examination (in women)
- Otherwise

2.1.1.2 If ‘Specify what type of physical examination is performed in patients with colon cancer.’ is equal to ‘Otherwise’ answer this question:

Explain.

2.2 Do you take routine questionnaires during the outpatient visit?
- No
- Yes

2.1 If ‘Do you take routine questionnaires during the outpatient visit?’ is equal to ‘Yes’ answer this question:

Which questionnaires?
- Quality of life (EORTC-QoL or others)
- Last meter/symptom burden thermometer
- Pain questionnaires (BPI)
- Fatigue (MFI)
- Patient satisfaction
- Symptom screening (LARS score, Bristol stool score, stoma lists)
- Other

2.2 Do you follow patients with T1N0 colorectal cancer in the outpatient clinic? (except colonoscopy)
- No
- Yes

2.3 Do you stop follow-up of patients above a certain age?
- No
- Yes
2.3.1 If ‘Do you stop follow-up of patients above a certain age? ’ is equal to ‘Yes’ answer this question:
If yes, specify from what age you do not follow-up patients

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<tr>
<td>75</td>
<td>80</td>
<td>85</td>
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Local follow-up practice - CEA monitoring for stage I-III patients

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<tr>
<th>Number</th>
<th>Question</th>
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<tbody>
<tr>
<td>3.1</td>
<td>Do you use CEA as a standard modality during follow-up?</td>
<td>No</td>
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<tr>
<td></td>
<td></td>
<td>Yes</td>
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<tr>
<td>3.2</td>
<td>What is the interval (months) of CEA monitoring during the first year?</td>
<td>1,5</td>
</tr>
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<td></td>
<td>3</td>
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<td>12</td>
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<tr>
<td>3.1</td>
<td>What is the interval (months) of CEA monitoring during the second year?</td>
<td>1,5</td>
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<td>12</td>
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<tr>
<td>3.2</td>
<td>What is the interval (months) of CEA monitoring during the third year?</td>
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<td>6</td>
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<td></td>
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<td>12</td>
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<tr>
<td>3.3</td>
<td>What is the interval (months) of CEA monitoring during the fourth year?</td>
<td>3</td>
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<tr>
<td></td>
<td></td>
<td>6</td>
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<td></td>
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<td>12</td>
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<tr>
<td>3.4</td>
<td>What is the interval (months) of CEA monitoring during the fifth year?</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td></td>
<td>6</td>
</tr>
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<td></td>
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<td>12</td>
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Local follow-up practice – Imaging for stage
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<tbody>
<tr>
<td>4.1</td>
<td>The imaging follow-up schedule is the same for all patients with stage I-III disease.</td>
<td>○ No  ○ Yes</td>
</tr>
<tr>
<td>4.2</td>
<td>For high-risk patients there another follow-up schedules is applied.</td>
<td>○ No  ○ Yes</td>
</tr>
<tr>
<td>4.2.1</td>
<td>If 'For high-risk patients there another follow-up schedules is applied.' is equal to 'Yes' answer this question: Define your definition of high-risk.</td>
<td></td>
</tr>
<tr>
<td>4.2.2</td>
<td>If 'For high-risk patients there another follow-up schedules is applied.' is equal to 'Yes' answer this question: If another schedule, specify how this does like.</td>
<td></td>
</tr>
<tr>
<td>4.3</td>
<td>What is the standard modality used for the imaging of the liver/abdomen?</td>
<td>○ Echo (ultrasound/sonography)</td>
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<td></td>
<td></td>
<td>○ Computed-Tomography (CT)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>○ Combination of echo and CT</td>
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<td></td>
<td></td>
<td>○ Other</td>
</tr>
<tr>
<td>4.1</td>
<td>If 'What is the standard modality used for the imaging of the liver/abdomen?' is equal to 'Other' answer this question: Explain:</td>
<td></td>
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<tr>
<td>4.4</td>
<td>If 'What is the standard modality used for the imaging of the liver/abdomen?' is equal to 'Combination of echo and CT' answer this question: What is the interval and intensity of this combination?</td>
<td></td>
</tr>
<tr>
<td>4.1.1</td>
<td>If 'What modality is used standardly for the imaging of the liver/abdomen?' is equal to 'Echo' answer this question: If echo-liver: What is the interval (months) during the first year?</td>
<td>○ 3  ○ 6  ○ 12</td>
</tr>
<tr>
<td>4.1.2</td>
<td>If 'What modality is used standardly for the imaging of the liver/abdomen?' is equal to 'Echo' answer this question: If echo-liver: What is the interval (months) during the second year?</td>
<td>○ 3  ○ 6  ○ 12</td>
</tr>
</tbody>
</table>
4.1.1 If ‘What modality is used standardly for the imaging of the liver/abdomen?’ is equal to

‘Echo’ answer this question:
If echo-liver: What is the interval (months) during the third year?

4.3.5 If ‘What modality is used standardly for the imaging of the liver/abdomen?’ is equal to

‘Echo’ answer this question:
If echo-liver: What is the interval (months) during the fourth year?

4.3.5 If ‘What modality is used standardly for the imaging of the liver/abdomen?’ is equal to

‘Echo’ answer this question:
If echo-liver: What is the interval (months) during the fifth year?

4.1.1 If ‘What modality is used standardly for the imaging of the liver/abdomen?’ is equal to

‘Computed-Tomography (CT)’ answer this question:
If CT: What is the interval (months) during the first year?

4.1.2 If ‘What modality is used standardly for the imaging of the liver/abdomen?’ is equal to

‘Computed-Tomography (CT)’ answer this question:
If CT: What is the interval (months) during the second year?

4.1.1 If ‘What modality is used standardly for the imaging of the liver/abdomen?’ is equal to

‘Computed-Tomography (CT)’ answer this question:
If CT: What is the interval (months) during the third year?

4.3.6 If ‘What modality is used standardly for the imaging of the liver/abdomen?’ is equal to

‘Computed-Tomography (CT)’ answer this question:
If CT: What is the interval (months) during the fourth year?

4.3.6 If ‘What modality is used standardly for the imaging of the liver/abdomen?’ is equal to

‘Computed-Tomography (CT)’ answer this question:
If CT: What is the interval (months) during the fifth year?
4.4 If CT-abdomen: Specify why CT.
   - Ultrasound technically not possible
   - No or insufficient experience with abdominal ultrasound
   - Ultrasound as lower sensitivity
   - According to local protocol without further explanation
   - Other

4.5 If ‘CT-abdomen: Specify why CT?’ is equal to ‘other’ answer this question:

   Explain.

4.6 Do you perform imaging to detect lung metastasis in patients with rectal cancer?
   - No
   - Yes

4.4 If ‘Do you perform imaging to detect lung metastasis in patients with rectal cancer?’ is equal to ‘Ja’ answer this question:
   What is the standard modality for detecting lung metastasis in patients with rectal cancer?
   - Chest X-ray
   - CT-thorax

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Local follow-up practice - Colonoscopy

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| 5.1    | Which specialism does the endoscopic follow-up? (colonoscopy) | Surgery  
   Gastroenterology |

Local follow-up practice – Rectum sparing therapy

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</table>
| 6.1    | Do you perform standard restaging MRI after neoadjuvant therapy (radiation therapy (5x5Gy) and or chemoradiation)? | No  
   Yes |
6.2  Do you perform standard restaging endoscopy after neoadjuvant therapy (radiation therapy (5x5Gy) and or chemoradiation?  
○ No  
○ Yes

6.3  Do you provide “Wait and See” therapy for patients with early rectal cancer, as an alternative for standard TME surgery?  
○ No  
○ Yes

6.4  Do you refer patients eligible for organ preserving therapy to a tertiary center?  
○ No  
○ Yes

Local follow-up practice - Statements

<table>
<thead>
<tr>
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| 7.1    | The current national CRC guidelines are clear and useful. | ○ Totally agree  
○ Agree  
○ Neither  
○ Disagree  
○ Totally disagree |
| 7.2    | The current national CRC guidelines are too complicated and could be more concise. | ○ Totally agree  
○ Agree  
○ Neither  
○ Disagree  
○ Totally disagree |
| 7.3    | Follow-up of patients with CRC can be done by nurse practitioners and/or case managers. | ○ Totally agree  
○ Agree  
○ Neither  
○ Disagree  
○ Totally disagree |
| 7.4    | Surgeons should be the primary responsible clinicians for CRC follow-up. | ○ Totally agree  
○ Agree  
○ Neither  
○ Disagree  
○ Totally disagree |
| 7.5 | General practitioners are well able to take over the CRC follow-up. | Totally agree  
Agree  
Neither  
Disagree  
Totally disagree |
|---|---|---|
| 7.6 | Physical examination should be performed routinely during follow-up of patients with CRC. | Totally agree  
Agree  
Neither  
Disagree  
Totally disagree |
|---|---|---|
| 7.7 | There is enough evidence that only CEA monitoring is cost-effective and useful in colorectal follow-up. | Totally agree  
Agree  
Neither  
Disagree  
Totally disagree |
|---|---|---|
| 7.8 | Patients with CRC should have a CT-thorax/abdomen at 12- and 24-months post-treatment to detect metastasis early. | Totally agree  
Agree  
Neither  
Disagree  
Totally disagree |
|---|---|---|
| 7.9 | Colorectal follow-up can be finished after 2 years because there is low risk of disease recurrence. | Totally agree  
Agree  
Neither  
Disagree  
Totally disagree |
|---|---|---|
| 7.10 | Patients with CRC are well able to coordinate their own follow-up and appointments. | Totally agree  
Agree  
Neither  
Disagree  
Totally disagree |

Local follow-up practice - Other

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8.1 Do you have comments or feedback regarding this survey?