Instructions

- The patient must lie in the left lateral decubitus position.
- Place the probe:
  - On the apex. This is often in the fifth or sixth intercostal space in the midclavicular line.
  - Point towards patient’s right shoulder
  - Probe marker towards patient’s left shoulder
- Find an apical 4-chamber view as shown on the next page. Avoid foreshortening of the left ventricle.

Additional Figure 1. The printed instructions given to medical students before examining patients.