<table>
<thead>
<tr>
<th>Author, Year</th>
<th>CRM content</th>
<th>Study design</th>
<th>Outcomes</th>
<th>Effects in the CRM training group</th>
</tr>
</thead>
</table>
| Cooper, 2001[25] | Team coordination, communication, leadership skills. Theory, video and discussion. 75 minute | – prospective  
– randomized  
– controlled | LBDQ | LBDQ score significantly higher |
– controlled | No-flow time | No-flow time significantly shorter |
| Hunziker et al. 2010 | Four practical leadership instructions  
1. Decide what to do  
2. Tell your colleagues what they should do  
3. Make short and clear statements  
4. Ensure adherence to algorithm | – prospective  
– randomized  
– controlled | Hands-on time | Hands-on time significantly longer |
| Fernandez-Castelao et al. 2015[26] | Team coordination, communication, leadership skills. Theory, video and discussion. Modified for the team leader 90 minutes | – prospective  
– randomized  
– controlled | No-flow time  
Adherence to Guidelines (ADH) | No-flow time was shorter, but not significant  
ADH significantly higher |
| Hunziker et al. 2013[27] | Stress coping strategies 10 minutes | – prospective  
– randomized  
– controlled | Hands-on time | Hands-on time was longer, but not significant |