Potential participants assessed for eligibility (n = 276)

Excluded (n = 18)
- Previous cardiothoracic surgery (n = 2)
- History of schizophrenia (n = 1)
- Recent glucocorticoid therapy (n = 1)
- LVEF < 25% (n = 5)
- Combined surgical procedures (n = 9)

Eligible patients (n = 258)

Refused to participate (n = 15)

Consent to participate (n = 243)

Numbers participating at final data collection (n = 243)