**Observational period**
Admissions
January – July 2007
(7 months), n = 429

- Excluded, n = 318
- Included, n = 111
- Dropout, n = 5
- Completed, n = 106

**Intervention period**
Admissions
April – October 2008
(7 months), n = 398

- Excluded, n = 286
- Included, n = 112
- Dropout, n = 3
- Completed, n = 109