Patient with Fibromyalgia presents with fatigue

Perform history, physical and psychiatric examination

Select 1 or more paths

Pain
  Evaluate for treatable pain generators (tbl 2)
  Yes
    Optimize treatment of pain generators
    No
    Select another path
  No
    Re-assess in 6-8 weeks
    Yes
      Consider pain rehabilitation/physical medicine evaluation
      No
      Consider sleep evaluation

Un-refreshing Sleep
  Screen for treating sleep disorders (tbl 2)
  Yes
    Consider sleep evaluation
    No
    Select another path
  No
    Select another path

Reduced Activity
  Screen for deconditioning, obesity etc. (tbl 2)
  Yes
    Initiate exercise program/weight management
  No
    Select another path

Autonomic Disorders
  Screen for orthostatic intolerance, POTS etc. (tbl 2)
  Yes
    Consider autonomic evaluation
  No
    Select another path

Mood and Anxiety Disorders
  Screen for anxiety, depression, etc. (tbl 2)
  Yes
    Initiate treatment for anxiety/depression
  No
    Select another path

Identify reversible causes of fatigue

Re-asses in 6-8 weeks

Initiate treatment for anxiety/depression

Consider psychiatry evaluation

Consider pain rehabilitation/physical medicine evaluation