PubMed: n = 1336
Embase: n = 2359

Reviewed by title and abstract: n = 2395

Duplicates: n = 1300

Excluded: n = 2319

Full text articles reviewed: n = 76

Excluded Cross-sectional: n = 48
Longitudinal: n = 19

Studies included in review:
- Cross-sectional: n = 9
- Longitudinal: n = 0

High quality studies: n = 2