Lesson
- Knowledge and Awareness
- Encourage and motivate to act

Interactive Flip Chart
- Addressing barriers
- Enhance negotiation or other skills
- Enhance confidence

Sticker/logo
- Reinforce knowledge
- Feedback and monitoring

Intervention Components

Enablers
- Appropriate designed learning materials
- Beliefs about benefits
- Beliefs about positive consequences
- High confidence
- Positive belief about self efficacy
- Allies in family
- Social support
- Negotiation tools
- Negotiation skills
- Determination

Barriers
- Beliefs about role
- Beliefs about negative consequences
- Family constraints
- Negative belief about efficacy
- Low confidence

Understanding → Acceptance → Motivation → Capacity to act → Action

S1 Distal Outcomes
- Patient to go home and instigate discussion about smoking behaviour
- TB patient always leave the room if anyone is smoking