PubMed: 12694  
Cochrane: 6340  
EMBASE: 9218  
CINAHL and PsycINFO: 4348  
Hand search: 27  
Total: 32627

DUPicates: 7757

EXCLUDED: 15829

TITLES: 24870

ABSTRACTS: 9041

ARTICLES: 1426

EXCLUDED*: 7615
- No original data: 2522  
- Follow-up less than 1 year: 1952  
- Study of children only: 244  
- Does not report weight or adiposity or weight related outcomes in the abstract: 1392  
- Goal of study is weight loss: 1371  
- Study population at risk for malnourishment or underweight: 83  
- No intervention of interest: 1260  
- No comparison group: 106  
- No human data reported: 42  
- Abstract only: 11  
- Qualitative study: 139  
- Does not apply to key questions: 2000

EXCLUDED†: 1423
- Does not report weight change over 1 year: 620  
- Goal of study is weight loss or weight maintenance after weight loss: 311  
- No intervention/exposure of interest: 125  
- No comparison group: 147  
- Study does not report outcome by exposure: 57  
- Qualitative study: 15  
- Study population at risk for malnourishment or underweight: 8  
- No original data: 115  
- Study of children only: 5  
- No human data reported: 1  
- Abstract only: 15  
- Does not apply to key questions: 170  
- Other: 11  
- Not English-language: 1  
- Not at risk of cancer and with cancer population: 53  
- Observational studies: 74  
- Studies with cancers other than breast cancer: 1

INCLUDED ARTICLES: 3

* Sum of excluded abstracts exceeds 7615 because reviewers were not required to agree on reasons for exclusion  
† Sum of excluded articles exceeds 1421 because reviewers were not required to agree on reasons for exclusion