<table>
<thead>
<tr>
<th>Name of the instrument</th>
<th>Type</th>
<th>Concept and dimensions</th>
<th>Scores</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stroke and Aphasia Quality of life SAQOOL-39 (Hilari, Byng, Lamping, &amp; Smith, 2003)</td>
<td>Health related quality of life (disease specific)</td>
<td>Total score and four sub scores; physical function, communication ability, psychosocial life and energy level.</td>
<td>39 statements where informants rate the extent to which they struggle with the different functions with scores ranging from “can do it” (5) to “cannot do it” (1).</td>
</tr>
<tr>
<td>Faces Scale (Andrews &amp; Robinson, 1991)</td>
<td>Global evaluation</td>
<td>Emotional wellbeing</td>
<td>Seven visual faces expressing different degrees of happiness/sadness, with scores ranging from “very happy” (7) to “very sad” (1).</td>
</tr>
<tr>
<td>Cantril’s Ladder Scale (Cantril, 1965)</td>
<td>Global evaluation</td>
<td>Life satisfaction</td>
<td>Visual ladder with ten steps. Step ten at the top of the ladder depicts the highest level of satisfaction (10), and step one depicts the lowest (1).</td>
</tr>
<tr>
<td>Hopkins Symptom Check List – 8 items (Strand, Dalgaard, Tambs, &amp; Rognerud, 2003; Tambs, 2004)</td>
<td>Symptom specific</td>
<td>Psychological distress/ Mental health</td>
<td>Eight statements related to common symptoms of anxiety and depression with scores ranging from “not bothered” (4) to “very bothered” (1).</td>
</tr>
</tbody>
</table>
### Table 2. Topical interview guide -- qualitative interviews

**Topic 1**
What were your experiences of usefulness (if any) with regard to participating in the intervention?

Subtopics:
- Experiences related to changes in emotional state?
- Experiences related to changes in activities?
- Experiences related to changes in social relations?
- Experiences related to changes self-esteem/identity?

**Topic 2**
What were your experiences/opinions with regard to the content, structure and process of the intervention?

Subtopics:
- Number of meetings (too few/too many/appropriate timing of the meetings)?
- Length of intervention (appropriate, too short, too long)?
- Topics/focus in the meetings (were the topics addressed relevant/were any important topics missing? Was the ordering logical/helpful?)
- The worksheets (how did you like using worksheets? what about the content, number, layout, usefulness of the work sheets?)
- Inclusion of family/relatives (too little involved, too much involved or appropriate?)
- Any advice regarding changes in the content, structure or process of the intervention?

**Topic 3**
Any other comments/suggestions based on your participation in the intervention?