Study start
N=278

150 with antidepressants
- After 6 months 100 on same dose of same drug
  - 4 - another antidepressant added
  - 6 - changed to another antidepressant
  - 7 - higher dose
  - 12 - lower dose or less antidepressant
- After 6 months 17 changes
- After 6 months 33 lower dose or ended treatment
- After 6 months 120 without antidepressant
- After 6 months 8 with antidepressant

128 without antidepressants
- After 6 months 128 without antidepressants
- After 6 months 120 without antidepressant
- After 6 months 8 with antidepressant