450 eligible registrants
362 registrants identified themselves with eating disorders
88 healthy controls

Baseline
194 participants with disordered eating initiated the self-help programme and completed the SF-36 survey for quality of life assessment

1-month follow up
84 dropped out
110 stayed in the programme
70 completed the SF-36 survey for quality of life assessment
40 did not complete the SF-36

3-month follow up
126 dropped out
68 stayed in the programme
47 completed the SF-36 survey for quality of life assessment
21 did not complete the SF-36

6-month follow up
145 dropped out
49 stayed in the programme
34 completed the SF-36 survey for quality of life assessment
15 did not complete the SF-36

Comparison
Baseline
50 healthy controls completed the SF-36 survey for quality of life assessment

1-month follow up
16 dropped out
34 completed the SF-36 survey for quality of life assessment

3-month follow up
26 dropped out
24 completed the SF-36 survey for quality of life assessment

6-month follow up
28 dropped out
22 completed the SF-36 survey for quality of life assessment