Records identified through database searching \((n = 193)\)

Additional records identified through other sources \((n = 3)\)

Records after duplicates removed \((n = 119)\)

Records screened \((n = 119)\)

Records excluded \((n = 58)\)

Full-text articles assessed for eligibility \((n = 61)\)

Full-text articles excluded, did not use TAS to assess alexithymia \((n = 2)\)

Studies included in qualitative synthesis \((n = 59)\)