All studies identified on the basis of search terms
n = 1287

Duplicates
n = 723

All studies potentially relevant on the basis of search terms
n = 568

Studies excluded because full text did not meet the following inclusion criteria:
- elite athlete (minimum national team level)
- athlete actively competing
- young/junior/adolescent athlete
- competing in the national team
- primary outcome variable: weight control or weight-concern behaviour
n = 546

Studies excluded because full text did not meet the following inclusion criteria:
- elite athlete (minimum national team level)
- athlete actively competing
- young/junior/adolescent athlete
- competing in the national team
- primary outcome variable: weight control or weight-concern behaviour
n = 7

Studies procured at full length for evaluation
n = 22*

Studies included in review
n = 15

Additional references (identified by snowball procedure)
n = 4