A
Swim Split Time

Year

Swim Time (min)

Women $r^2 = 0.03$; $P > 0.05$
Men $r^2 = 0.03$; $P > 0.05$
Sex Difference $r^2 = 0.13$; $P > 0.05$

B
Cycling Split Time

Year

Cycling Time (min)

Women $r^2 = 0.42$; $P < 0.01$
Men $r^2 = 0.55$; $P < 0.01$
Sex Difference $r^2 = 0.00$; $P > 0.05$

C
Run Split Time

Year

Running Time (min)

Women $r^2 = 0.85$; $P < 0.01$
Men $r^2 = 0.74$; $P < 0.01$
Sex Difference $r^2 = 0.00$; $P > 0.05$