Search strategies carried out

Duplications of articles removed

Retrieved articles' titles and abstracts compared against screening tool

Disputes agreed through discussion, or adjudicated through a third reviewer

Articles Excluded

Articles not excluded: Full text retrieved for further comparison against screening tool

Disputes agreed through discussion, or adjudicated through a third reviewer

Articles Excluded

Articles assessed for methodological quality

Disputes agreed through discussion, or adjudicated through a third reviewer

Level of evidence established

Articles excluded if of level 4 quality

Eligible articles included in the systematic review are given a unique reference code